# December Cold Breakfast Menu

| MON | TUE | WED | THU | FRI |
|---|---|---|---|---|
|  | 1<br>Cinnatwin<br>Diced Apple Cup<br>Fruit Juice | 2<br>Breakfast Bread<br>Raisins<br>Fruit Juice | 3<br>Pork Ham & Cheese Croissant<br>Mixed Dried Fruit<br>Fruit Juice | 4<br>WG Donut Ring<br>Cheese Stick or Cubes<br>Cinnamon Applesauce<br>Fruit Juice |
| 7<br>Turkey Ham & Cheese on Bun<br>Mixed ZeeZee Dried Fruit<br>Fruit Juice | 8<br>Cereal<br>Cheese Stick or Cubes<br>Mixed Diced Fruit<br>Fruit Juice | 9<br>Breakfast Bread<br>Fresh Orange Wedges<br>Fruit Juice | 10<br>Pork Ham & Cheese Croissant<br>Diced Apple Cup<br>Fruit Juice | 11<br>Blueberry Parfait<br>Blueberries<br>Fresh Apple |
| 14<br>Turkey Ham & Cheese on Dinner Roll<br>Mixed ZeeZee Dried Fruit<br>Fruit Juice | 15<br>Cinnatwin<br>Diced Apple Cup<br>Fruit Juice | 16<br>Breakfast Bread<br>Fresh Apple<br>Fruit Juice | 17<br>Chicken Sausage Patty on Dinner Roll<br>Mixed Fruit Cup<br>Juice | 18<br>Cereal<br>Cheese Stick or Cubes<br>Dried Tart Cherry<br>Fruit Juice |
| – | – | Winter Break | – | – |
| – | – | – | – |  |
| | | – New Mexico Grown | – Freshly Prepared (Scratch or Speed Scratch) | **Please join us, we always have more entrees than what is listed. Come see!!** |

**OFFERED DAILY: 8OZ WHOLE MILK 1% OR FAT FREE, TWO DIFFERENT FRUITS OR VEGETABLES, FRUIT JUICE, AND 100% VEGETABLE JUICE WHEN OFFERED**

**CHARTER COLD BREAKFAST**

Students are offered 4 food items from 3 required meal components: fruits and/or vegetables, grains and/or meats/meat alternatives and/or milk, 1% or fat free, of which they must select 3 food items and 1 must be a serving of fruit or vegetables.

Scan to View Menu's, Nutrition and Allergen Information

THE MENU IS SUBJECT TO CHANGE AND DEMAND WHICH MAY AFFECT AVAILABILITY. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

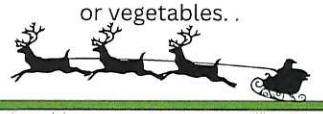
# December Hot Lunch Menu

| MON | TUE | WED | THU | FRI |
|---|---|---|---|---|
| 2  | 1<br>Beef Bowl w/<br>Pinto Beans & Spanish Rice<br>Soft Tortilla<br>Corn<br>Fresh Apple | 2<br>French Toast Sticks<br>Carrots<br>Celery Sticks w/ Peanut Butter<br>Beef Maple Sausage<br>Fresh Orange Wedges | 3<br>Chicken & Green Chile Chalupa<br>Shredded Lettuce<br>Calabacitas<br>Salsa Cup<br>Fresh Strawberries<br>Cinnamon Toast Cracker | 4<br>Cheese Pizza<br>Chopped Romaine Salad<br>Cherry Tomatoes<br>Fresh Strawberries<br>Ranch Dressing |
| 7<br>Orange Chicken<br>Fried Rice<br>Roasted Broccoli Florets<br>Ruby Rush<br>Fresh Pear | 8<br>V & M SW Joe on Bun w/<br>Pepper Jack Cheese<br>Potato Smiles<br>Cucumber w/ Tajin<br>Fresh Pear | 9<br>Chopped BBQ Pork<br>Dinner Roll<br>Charro Beans<br>Coleslaw<br>Fresh Apple | 10<br>Frito Pie w/ Corn Chips<br>Lettuce/Tomatoes<br>Celery<br>Fresh Orange | 11<br>**HOLIDAY MEAL**<br>Pork Red Chili Posole<br>Pork and Cheese Tamale<br>Cucumber w/ Tajin<br>Fresh Grapes<br>Gold Bar |
| 14<br>Cheeseburger on Bun<br>Potato Smiles<br>Lettuce/Tomato/Onion/Pickles<br>Fresh Orange Wedges | 15<br>Chicken Bowl w/ Pinto Beans &<br>Cilantro Lime Rice<br>Salsa Cup<br>Cucumbers<br>Soft Tortilla<br>Fresh Apple | 16<br>Pepperoni Pizza<br>Chopped Romaine Salad<br>Cherry Tomatoes<br>Fresh Strawberries<br>Ranch Dressing | 17<br>Pork Roast w/<br>Red Chili as Gravy<br>Roasted Potatoes<br>Roasted Broccoli<br>Dinner Roll<br>Fresh Pear | 18<br>Grilled Cheese Sandwich<br>Tomato Soup<br>Cucumber w/ Tajin<br>Fresh Orange |
| – | – | Winter Break | – | – |
| – | – | – | – | – |
|  |  | – New Mexico Grown | – Freshly Prepared (Scratch or Speed Scratch) | Please join us, we always have more entrees than what is listed. Come see!! |

OFFERED DAILY: WHOLE MILK 1% OR FAT FREE, TWO DIFFERENT FRESH FRUITS OR VEGETABLES, AND 100% VEGETABLE JUICE WHEN OFFERED

**CHARTER HOT LUNCH**

Students are offered 4 food items from 3 required meal components: fruits and/or vegetables, grains and/or meats/meat alternatives and/or milk, 1% or fat free, of which they must select 3 food items and 1 must be a serving of fruit or vegetables. .



Scan to View Menu's, Nutrition and Allergen Information

THE MENU IS SUBJECT TO CHANGE AND DEMAND WHICH MAY AFFECT AVAILABILITY. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER